



**John & Tatiana
Shuttleworth
&
Deborah Kelly**

Exploring the arena of sexuality through the arts.

2 day workshop. 12 hours CPD

For qualified psychotherapists.

The workshop will be in the form of a discussion with theoretical input and experiential exercises using the arts. Our intention is to monitor the process collectively, sensitively engaging with what emerges around the topic of sexuality in the therapy room with individuals and couples. We will support inclusion and diversity not just in principle but as essential guides to deeper understanding and relationship.

Therapist's reactions to sexual material will be discussed and ways of working with more difficult feelings will be explored. We will look at the diverse ways that people try to find sexual satisfaction and reflect on how that may be mirrored in other ways that the clients relate.

We will look at clinical thinking on who chooses to mention sex – therapist or client, and why we might choose to encourage the client to include the sexual relationship in the therapy – or not ... What might the sexual relationship reveal that other forms of relating keep hidden and which of the ways of working with the arts might be most effective and safe for the clients to explore this material, where taboos and shame can make this especially difficult for the client and therapist?

We will offer follow up weekends in 2015 for those interested in further exploration.

To find out more or to discuss any questions you may have, please call
John on 07880 796 862 or Tatiana on 0771 464 8877.

Date: 25th and 26th October 2014 10.00am – 5.00 pm.

Cost: £ 180.00

To book a place please send a cheque made out to time2relate to :
Springhead, Clay Lane, Cootham, Pulborough, West Sussex RH20 4HL

Venue: Map to get to Springhead: <http://www.time2relate.com/Map.html>

About the tutors: <http://www.time2relate.com/about-trainers.html>